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THURSDAY, AUGUST 8, 2013

U.S. invasion
Battles re-created at museum
Page 3

Change of tactic
Serious defeat for Hudak
Page 4

Region blasted
Rankin criticizes Niagara over turbines
Page 5

Comeback kid
Pastry chef Letizia returns
Page 7

INPORT NEWS

SERVING PORT COLBORNE • WAINFLEET • SHERKSTON • LOWBANKS • ISSUE NO. 30 VOLUME 17

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CANAL DAYS: Schooner Liana's Ransom makes its local debut at weekend festival

Pirates raise flag in Port Colborne

VICTORIA GRAY
Tribune Staff

PORT COLBORNE — It's a pirate's life for Grace Burnison.

The four-year-old tested her sea legs for the first time on *Liana's Ransom* Saturday at Canal Days Marine Heritage Festival in Port Colborne.

The Welland girl watched Ryan Tilley swing from *Liana*'s lines and drop into the Welland Canal. She wanted to jump with him — but she wanted his pirate hat and sword and more than anything she wanted to set sail with the schooner from Halifax.

"It's so much fun," she said.

Capt. Joseph Tilley said he and his family sail all over the eastern seaboard to get reactions like those from Grace.

The ship's crew have costumes and decorations to turn the ship into a pirate ship.

The ship is equipped with four black powder cannons that passengers can shoot golf balls out of and a plank.

see **PIRATES** | page 2



VICTORIA GRAY Staff Photo

Four-year-old Grace Burnison wants to live the pirate life after touring the schooner Liana's Ransom.

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■ PIRATES



VICTORIA GRAY Staff Photo

Liana's Ransom takes Canal Days Marine Heritage Festival visitors on a cruise. 'Pirates' could shoot golfballs out of the ship's canons across the canal.

Owner hopes to enter tall ships race next year

FROM PAGE 1

"We don't usually make people walk the plank here in Canada, but in the Caribbean we definitely do," Tilley said.

The hull of the vessel was built in Houston, Texas, in 1998, and sat in a shipping yard until 2006 when Tilley went down with his wife and put two motors in it and brought it back to Halifax.

The frame is steel, but Tilley covered it in wood planks to make it look more authentic.

"It's pretty neat to see people's reactions to the ship," he said.

Passengers are also allowed to take the controls and test them out — with supervision, of course.

Next year Tilley hopes to enter a tall ship race and may not be back for the festival.

"The people of the Great Lakes always treat us well," he said.

victoria.gray@sunmedia.ca

Shining it up



VICTORIA GRAY Staff Photo

Mike Estey makes sure his 2011 Dodge Challenger SRT8 shined at the Canal Days Car Show Sunday.

■ **CANAL DAYS:** 2nd Lincoln Regiment fights to draw interest in Niagara's past

Battles staged at Port Colborne museum

VICTORIA GRAY
Tribune Staff

PORT COLBORNE — American soldiers invaded Port Colborne Heritage and Marine Museum to give weekend festivalgoers a history lesson.

The 2nd Lincoln Regiment and the Canadian Volunteers staged skirmishes at the museum during the 35th annual Canal Days Marine Heritage Festival.

Sgt. Mike McAndrews said the regiment has staged the battle for more than 11 years to spark interest from the younger generation.

This year he felt the regiment's efforts were not received well.

"We usually bring things with us for the kids, like water relays and paper hats, we get them involved in a mini militia — but this year they don't seem too interested," he said.

The groups, consisting of about 20 soldiers, staged two skirmishes on Saturday, marched around the block, gave musket demonstrations and spent most of the day talking to children.

The group also staged battles on Sunday afternoon.

"We all have a passion for history," he said. "History has been sort of downplayed in recent years and we want people to know there was fighting right here that changed our country."

During the War of 1812 some American born citizens living north of the border sided with their home country and British nationals ended up fighting against neighbours and friends for King George.

Gigi McAndrews, a re-enactment soldier who fought for the British resistance, said people enjoy seeing the smoke and and hearing the noise of war, but she wants to make a lasting impression so onlookers will remember how freedom was won.

"If we don't remember where we've been," she said. "How can we move forward?"

victoria.gray@sunmedia.ca



VICTORIA GRAY Staff Photo
The 2nd Lincoln Regiment and the Canadian Volunteers stage a battle at Port Colborne Heritage and Marine Museum during Canal Days.

Forever blowing bubbles



VICTORIA GRAY Staff Photo
Dolchey Stewart had a lot of fun having bubble fights with her family at Canal Days Marine Heritage Festival Saturday.

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■ourview

Hudak must take stock before it's too late

Insanity, it is sometimes said, can be defined by doing the same thing over and over but expecting different results.

It could also be the slogan of the Ontario Progressive Conservative party.

In last week's provincial byelections, the party led by Niagara West-Glanbrook MPP Tim Hudak captured a single seat out of five up for grabs.

Party spin doctors will undoubtably try to claim it as a victory because the riding they won was in the Toronto area — which is a Liberal stronghold.

And we're already hearing from Hudak the same song he sang after losing the last general election: the PCs made "gains" and a public ready for "change" wants to hear more of his plan for Ontario.

This isn't a defeat, just part of the road to victory. Rah-rah-sis-boom-bah.

Hudak and the Tories have blinders on.

It is a serious defeat. It is not that the public needs to hear more of his message, but that the public has heard him and his message is about as palatable as a bowl of broken glass.

Instead of accepting failure and learning from it, Hudak appears to be doubling down on a strategy that hasn't worked.

Twice now — this byelection and the last provincial go-round — the Tories have been unable to defeat a remarkably weak Liberal party.

For opposition parties, the Liberals are the gift that keeps on giving. There seems to be scandals and leadership issues perpetually hanging over them.

But while the NDP is using that to its advantage, making real gains at the expense of the Liberals, the Tories aren't going anywhere.

And the Liberals are given yet another chance to get it right.

The Tories need to take a deep breath and learn from their defeats.

Hudak has to learn to adapt his message and style to actually connect with Ontario voters.

Because he is on the cusp of becoming the political equivalent of Shakespeare's "poor player," who "struts and frets his hour upon the stage and then is heard no more" and his message "a tale told by an idiot, full of sound and fury, signifying nothing.

An old tradition



VICTORIA GRAY Staff Photo
Co-owner of J.A. Grant and Sons Dick Grant has demonstrated rope ladder making at the Port Colborne Historical and Marine Museum for 35 years.

Along for the ride



VICTORIA GRAY Staff Photo
Five-year-old Hayden Braet and his sister Lily couldn't get enough of the carnival at Canal Days Marine Heritage Festival.

■ **ENERGY:** Says it's sending bad message to business

Rankin blasts Region over wind turbine stand

JEFF BOLICHOWSKI
QMI Agency Niagara

THOROLD — Niagara regional council got a collective tongue-lashing Thursday for backing Wainfleet and West Lincoln in their fight against wind turbines, but councillors could give that support a second look next month.

St. Catharines Coun. Ronna Katzman said she'll ask council to reconsider backing the two townships as unwilling hosts for wind turbines.

The move came after councillors heard legal advice behind closed doors about the move — and after council's corporate partner in a turbine venture ripped it for that move.

"You are voting for NIMBYism in its purest form," said Tom Rankin, who signed a deal with the Region to build turbines in Wainfleet.

He criticized councillors, saying they are sending a bad message to business by siding with residents angry about wind turbines proposed for west Niagara.

"Are we going to let naysayers rule the world? Or are we going to stand for what is right and what the majority of people want?"

A crowd of wind turbine opponents packed the chamber Thursday to hear Rankin dress down councillors. They reacted strongly to some of his comments, snickering when he said 83% of Ontarians favour turbines and erupting with outrage when he said it's "a myth" that turbines drive down property values.

He said he was not threatening to sue the Region, "even though you literally pulled the rug out from under my feet.

"Quite frankly, I'm far more upset with the ramifications of your motion than how it affects our agreement and me personally. It just sends the wrong message to the world."

see **TURBINES** | page 6

REMEMBER?

Councillors backed Wainfleet and West Lincoln as unwilling hosts of wind turbines earlier this year. Tom Rankin ripped the Region about that in the short-term, too, as well as criticizing it as sending out the wrong message to businesses.

The legal ramifications of the move were not clear. Councillors received that report in camera Thursday.

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TURBINES

Region lost credibility, Rankin says

FROM PAGE 5

Rankin said wind companies met the move with disbelief, particularly because Niagara municipalities have tried to lure them to set up shop here.

"It takes all credibility away from your claim that you're the Green Energy Capital of Canada.

"You can't have your cake and eat it too."

Though councillors were limited to addressing Rankin, some turbine foes bristled at his comments.

Wainfleet Mayor April Jeffs said Rankin previously voiced support for municipal input.

"I don't understand why, to be blunt, you're so upset about this," she said.



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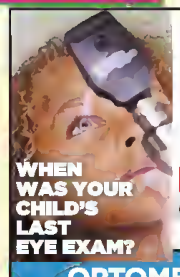
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■ **PASTRY:** Cannolis a speciality for former Lakeshore student

Bringing his business back to life

VICTORIA GRAY
InPort News Staff

FORT ERIE — The cannoli kid is making a comeback.

Former Lakeshore Catholic High School student Gaetano Letizia — known for his decedent Italian pastries — took a year off, but is back in Fort Erie trying to rebuild Gaetz Cakes.

"I had a lot of plans for the business, but my parents needed my help," he said. "Gaetz Cakes will always be my baby and my priority. We're back, we're open and we're going to be getting into a lot of new things soon."

The 20-year-old is attending Buffalo State University for business and his parents — Joe and Josephine — opened Gelataria Luca, a gelato cafe near the university and needed his help.

"Now, they have hired staff, so I can finally do what I wanted do," he said.

While he was there, Gaetz Cakes at 8816 on Garrison Rd. was left unattended to.

"We bought the building hoping to fix it up and make it into a cafe, but plans got postponed. All the floor plans are done and once we are back up and running we'll really start getting the inside done," he said.

The building was even put up for sale, but Letizia said he didn't want to lose it.

"I could never leave it behind. It will always be my baby."

The food truck on the property opened late this season and hasn't seen much action, but Letizia is confident the love he puts into his cannolis will bring people back.

"I'm really trying to make my families secret recipes my life's work," he said.

He started the business when he was 16-years-old as a high school project and word of Gaetz Cakes cannolis spread like wildfire.

"People say once they've tasted my cannoli's different ones just don't taste right," he said.

When he was in high school he never expected he would end up making pastries for a living, but now he can't imagine doing anything else.

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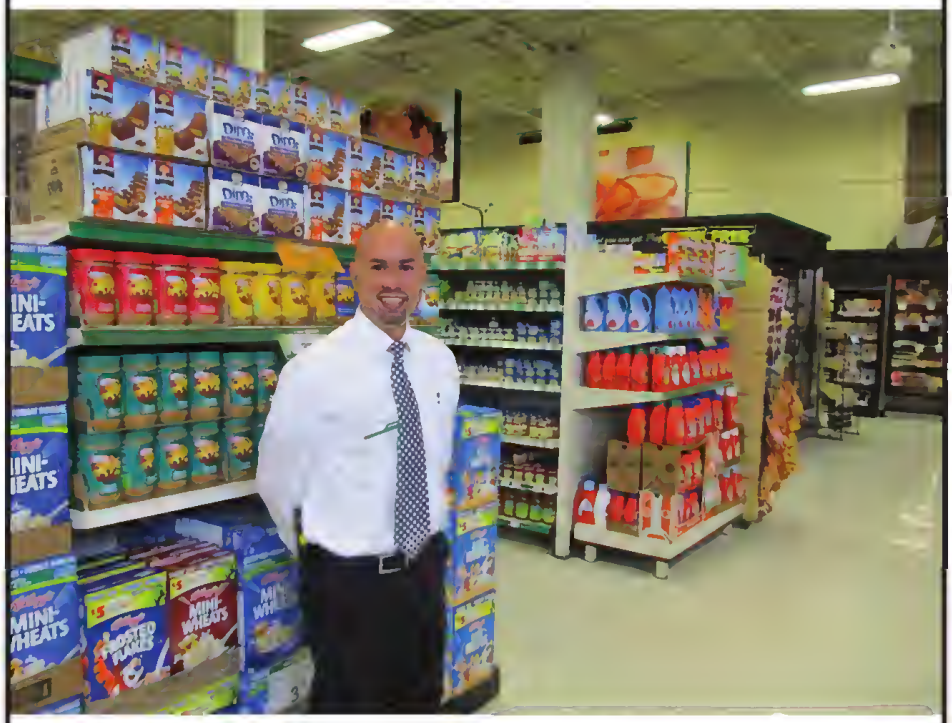
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As a result of new regulations governing the practice of pharmacy in Ontario, pharmacists are now able to be more deeply involved in your medications and management of your medical conditions. The new regulations came into effect last October allowing pharmacists to make use of their unique knowledge. This is great news for both pharmacists and you, their patients. It will allow pharmacists to be an even more integral part of your medication management and it will provide you with greater convenience as pharmacists are easily accessible in the community.

There are five main areas that these changes will affect:

1. Pharmacists can prescribe several effective medications to help you quit smoking. Patients who may wish to try this method of quitting can now be assessed by their pharmacist – who will use their professional judgement to decide if it is right for you. This means that you will not have to wait to see your doctor in order to get on the path to becoming smoke-free and the pharmacist can be involved throughout this sometimes difficult process.
2. Pharmacists may be able to renew your prescriptions without you having to see your doctor first. Your condition and your medications must be stable. For example, this may apply to patients who have well-managed chronic conditions like diabetes or high blood pressure. (This new regulation does not apply to narcotics and similar substances and does not eliminate the need to see your doctor for proper follow up and monitoring).
3. Pharmacists may also make certain changes/ adaptations to your doctor's prescription if necessary based on professional judgement. For example, they may change the dosage form (tablet/capsule/liquid) or they could alter the dosing regimen and possibly even the dose to suit you better. As always, any changes would be done with your consent and the pharmacist would share them with your doctor.
4. Pharmacists can now be of even greater assistance in helping to demonstrate how to use your devices. If you are a patient who uses an inhaler or has self-administered injections, your pharmacist can now use the real device to show you how to use it, rather than using a model one. Pharmacists who are able to administer injections in order to teach you how to use them have completed a training program.
5. Specially trained pharmacists can administer the flu vaccine to patients five years and older. This will provide patients with more locations and greater ease of access to the vaccine.

As usual, your pharmacist will make these decisions based on your specific situation, so it is very important to give them as much information about yourself as you can. They need to know about all of the medications you are taking, including anything over-the-counter or any vitamins/minerals that you use. Also it is important to talk to your pharmacist about your lifestyle (e.g, the foods you eat and the exercise you do) so they can get the full picture in order to make the best decisions for you

Pharmacists have always been a wonderful source of information and support for patients regarding how to best manage their medicines and their medical conditions. Now that the role of pharmacists has expanded to allow them to have more involvement with their patients, it will be easier than ever for patients to maintain good control of their conditions and medications.

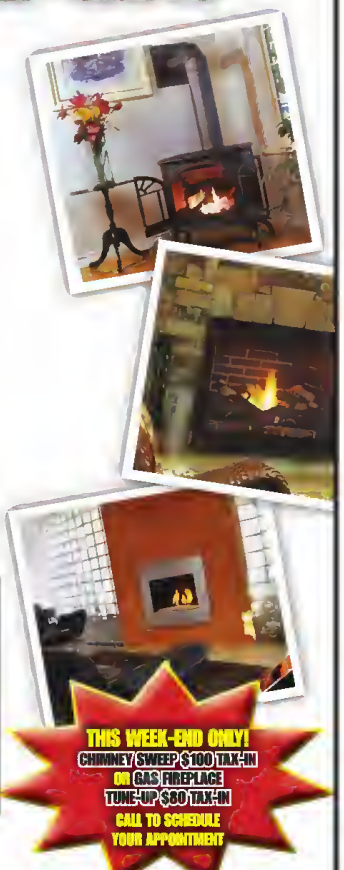
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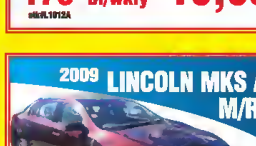
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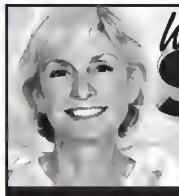
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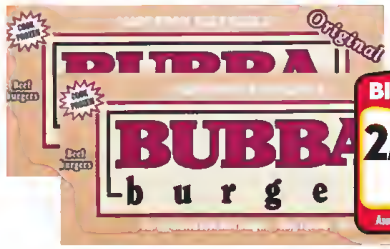
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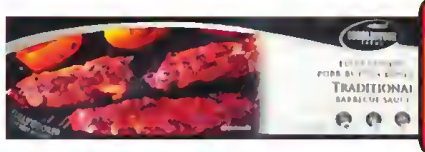
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■ **CULTURE:** South Niagara Artists Studio Tour returns for second year

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SARAH FERGUSON
InPort News Staff

WAINFLEET — From Wainfleet to Ridgeway, south Niagara has plenty of artistic talent to highlight.

And that's exactly why the South Niagara Artists Studio Tour began, artist Cathy Peters says.

The studio tour, now in its second year, will see 21 artists from Wainfleet, Port Colborne, Sherkston, Crystal Beach and Ridgeway open up their studios in an open house forum.

The self-guided studio tour gives art lovers a chance to meet south Niagara artists in their studios and to view artwork free of charge on the weekend of Aug. 10 and 11 from 10 a.m. to 4 p.m.

"It's a chance for the public to get a behind-the-scenes look into an artist's works and life," Peters says.

The Wainfleet artist, who paints acrylic and watercolour images often inspired by views from her lakeside studio, began painting seriously 17 years ago.

"It's a passion of mine and it's a passion that I love to share with others."

Peters was always interested in art. When her children grew older she was able to find time to pick up a paint brush and develop her artistic skill.

"It was a spark that I wanted to ignite," Peters says.

She has travelled across the globe to study other artists' work and attend workshops. Peters has visited places along the East Coast, Mexico and Europe to develop her skill.

Why Peters decided to open up her studio, Shoreline Art Studio, to the August tour was a simple decision.

"I love to see what other people bring to my work."

Every time an individual looks at one of her paintings, the viewer sees a different interpretation of what Peters says she had in mind when she created the artwork.

"A viewer always finishes the piece."

Artists featured in this year's tour include wood-carver Alison Barclay; Rey Baecher, who experiments with pencil, oil, water colour and pastel; and Peter Gudrunas, a glass maker with 40 years' experience.

For more information about the South Niagara Artists Studio Tour visit www.southniagaraartists.ca or call Peters at 905-835-5899.

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2

Beautiful glowing skin comes from within. A very special fatty acid called **GLA** is required to maintain healthy skin. Skin disorders like **eczema, psoriasis, rosacea, dermatitis, wrinkles, acne** and **dry skin** occur when we do not have enough **GLA. GLA** makes your skin luminescent, dewy and glowing. The main reason our skin becomes dull and thick after **menopause** is due to the inability to make **GLA.** It is essential that we take a daily dose of **GLA** to ensure **beautiful skin.** GLA is not found in fish or flax oil. **GLA SKIN OIL** is a highly concentrated organic GLA supplement. After 3 weeks of taking **GLA SKIN OIL** your friends will be asking if you have had "work" done.

3

Your **hair, nails** and **bones** need **Collagen Plus** with biotin. For **strong nails** and bones and **thick, fast growing hair** in 60 days take **Collagen Plus.**

4

Hyaluronic acid, squalene and **celadrin** will transform the appearance of your skin. A 60 day study showed **Celadrin Super Rich Skin Therapy Cream** applied twice a day **reduced wrinkles dramatically.**

Lorna's Beautiful Skin Program:

- 2000 mg of Active Collagen
- 2 tsp. of GLA Skin Oil or 4 GLA capsules
- 10 drops of Collagen Plus
- Apply Celadrin Super Rich Skin Therapy Cream morning and night



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